

Dr. ANIKA SULANIA

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Residential address:

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Professional experience

MBBS:

- Actively involved in organizing of voluntary blood camps in collaboration with Regional Blood Transfusion Centre - Guru Teg Bahadur (GTB) Hospital and Lions Club in University College of Medical Sciences (Letter of Appreciation attached).
- Posted in polio booths as a Health worker during National Polio Immunization Days in the years 2004 and 2005, in various booths in Delhi.

MD:

- Completed MD in Community Medicine in the year 2013.
- Worked as an external monitor in National Polio Surveillance Project, WHO India, during Intensive Pulse Polio Immunization Campaign from 21st-24th January 2013 (Certificate attached).
- Principal Investigator in a cross sectional study entitled "Assessment of Selected Disabilities among Adult (20 years and above) Population in Harijan Basti, Palam".
- Organised a camp for screening of cancer cervix with the Obstetrics and Gynaecological department of LHMC and associated hospital and LHMC at Primary Health Centre, Palam, and New Delhi.
- Organised meeting of ASHA and AWW in Primary Health Centre, Kalyanpuri, and New Delhi.
- Involved in teaching and training of under graduate students (MBBS), and interns.
- **Currently working** as Assistant Professor in School of Health Sciences (SOHS), IGNOU.

Technological expertise

- Microsoft office, Microsoft word, Microsoft excel
- SPSS, R-Software

Book Publication: AETCOM Precis (Attitude, Ethics and Communication)

MAHI Publications, 1st Edition-2021, 10 chapters

Authors-**Dr Anika Sulania**, Dr Satyam Khare, Dr Neeraj Kumar, Dr Khusboo Juneja, Dr Ashish Punthir

Publications:

S.no	Year	Type	Title	Author/Role	Journal
1	2014	Letter to editor	Community participatory techniques: Have such techniques been able to make an impact	Anika Sulania Nazish Rasheed (1 st & Corresponding author)	Indian Journal of Community Health Sulania A, Rasheed N. Community participatory techniques: Have such techniques been able to make an impact. Ind J Comm Health 2014; 26(4):450 – 451.
2	2015	Original Article	Burden and correlates of disability and functional impairment in an urban community	Anika Sulania, J Khandekar S Nagesh	. Int J Med Public Health 2015; 5:82-5.
3	2015	Original Article	Smoking on Road: Behavioural and Physical Changes	Shridhar Dwivedi Anika Sulania (Corresponding author)	Pharmacology Toxicology and Biomedical Reports 1(2):92-95
4	2015	Original Article	Relationship of anaemia and morbidities among children aged 5-14 years in a resettlement area, Delhi	Dr Sulania A (Corresponding author)	Indian Journal of Community Health Citation-Kasdekar PM, Prasuna JG, Sulania A, Rasanian SK, Dwivedi N. Relationship of anaemia and morbidities among children aged 5-14 years in a resettlement area, Delhi. Indian J Community Health 2015; 27, 2: 270-275.
5	2016	Review Article	Organ Donation and Transplantation: An Updated Overview	Anika Sulania, Sandeep Sachdeva, Diwakar Jha, Gurmeet Kaur, Ruchi Sachdeva	MAMC Journal of Medical Sciences Sulania A, Sachdeva S, Jha D, Kaur G, Sachdeva R. Organ donation and transplantation: An updated overview. MAMC J Med Sci 2016; 2:18-27.
6	2015	Original Article	Risk of internet addiction among undergraduate medical, nursing, and lab technology students of a health institution from Delhi, India	Anika Sulania, Sandeep Sachdeva Nidhi Dwivedi	DIGITAL MEDICINE Cite-Sulania A, Sachdeva S, Dwivedi N. Risk of internet addiction among undergraduate medical, nursing, and lab technology Students of a health institution from Delhi, India. Digit Med 2015; 1:72-8.
7	2016	Short Communication	Bathtub concept in health sciences: A comment	Nidhi Dwivedi, Sandeep Sachdeva, Anika Sulania	Indian Journal of Health Sciences Dwivedi N, Sachdeva S, Sulania A. Bathtub concept in health sciences: A comment. Indian j health sci 2016; 9:117-20.
8	2016	Review article	National Pharmaceuticals Pricing Policy:	Dr Anika Sulania	<i>J. Adv. Res. Pharm. Sci. Pharmacol. Interv.</i> Sulania A. National Pharmaceuticals

			A Review		Pricing Policy: A Review. <i>J Adv Res Pharm Sci Pharmacol Interv</i> 2016; 1(1&2): 21-25
9	2016	Review Article	ZIKA Virus Disease: An Update	Dr Anika Sulania	MAMC Journal of Medical Sciences Sulania A. ZIKA virus disease: An update. MAMC J Med Sci 2016; 2:122-30.
10	2017	Original Article	Knowledge, Attitude, and Practices Regarding Organ Donation among Adult Visitors in a Public Hospital in Delhi, India	Sandeep Sachdeva*, Anika Sulania, Nidhi Dwivedi	. <i>Indian J Transplant</i> 2017; 11:127-32.
11	2017	Review Article	Ebola virus disease in the light of epidemiological triad	Gurmeet Kaur, Sandeep Sachdeva, Diwakar Jha, Anika Sulania	<i>Tropical Journal of Medical Research</i> Kaur G, Sachdeva S, Jha D, Sulania A. Ebola virus disease in the light of epidemiological triad. <i>Trop J Med Res</i> 2017; 20:1-9.
12	2017	Research article	A cross sectional study to assess the knowledge, attitude and practice of basic life support in interns in a tertiary care hospital in Delhi	Dr. Anika Sulania Dr. Anita Khokhar (1 st and Corresponding)	<i>International Journal of Current Research</i> ISSN: 0975-833X Citation: Anika Sulania and Dr. Anita Khokhar, 2017. "A cross sectional study to assess the knowledge, attitude and practice of basic life support in interns in a tertiary care hospital in Delhi", <i>International Journal of Current Research</i> , 9, (01), 45060-45063.
13	2019	Original research paper	National Clean Air Programme In India -An Introduction	Dr. Anika Sulania Dr. Sakshi Singh	<i>International Journal Of Scientific Research</i> PRINT ISSN No. 2277 - 8179 Sulania A, Singh S. National Clean Air Programme In India -An Introduction. <i>INTERNATIONAL JOURNAL OF SCIENTIFIC RESEARCH</i> .2019. (8)10 ;1-5
14	2019	Original research paper	Knowledge and Attitude Regarding Zika Virus Disease among Junior Residents of a Tertiary Care Hospital in Delhi, India	Dr. Anika Sulania Dr. Anita Khokhar (1 st and Corresponding)	<i>Journal of Mahatma Gandhi Institute of Medical Sciences</i> . Cited as: Sulania A, Khokhar A. Knowledge and attitude regarding Zika virus disease among junior residents of a tertiary care hospital in Delhi, India. <i>J Mahatma Gandhi Inst Med Sci</i> 2019; 24:39-43.
15	2019	Brief Report	The New 2019 Medical Curriculum in	Dr Anika Sulania Dr Shelesh Goel Dr S V Singh	<i>Journal of Medical Education</i> Fall 2019; 18(4):251-259

			India; In Light of the Integration of Medical Curriculum		
16	2020	Review article	Novel Coronavirus-In the light of Epidemiological Findings	Dr Yachna Setu Dr Anika Sulania Dr Shelesh Goel	JCDR
17	2020	SR & MA	Outcome and complications of modified Stoppa approach for extended indication including pelvic and acetabulum fractures-a Systematic review and Meta-analysis (ON GOING)	1 st and Corresponding	Anika S et al. PROSPERO: Outcome and complications of modified Stoppa approach for extended indication including pelvic and acetabulum fractures-a Systematic review and Meta-analysis. International prospective register of systematic reviews. 2020: CRD42020205708.Available at https://www.crd.york.ac.uk/prospero/#recordDetails [PUBLISHED ABSTRACT]
18	2018		Prevalence of internet addiction among adolescents in developing countries: a systematic review and meta-analysis. International prospective register of systematic reviews	1 st and Corresponding	Anika S et al. PROSPERO: Prevalence of internet addiction among adolescents in developing countries: a systematic review and meta-analysis. International prospective register of systematic reviews. 2019. CRD42019136527:Available at https://www.crd.york.ac.uk/prospero/#recordDetails [PUBLISHED ABSTRACT]
19	2020	Original Research Article	A study on knowledge and practices regarding Mosquito borne diseases in Rithala village.	Dr Yachna Setu Dr Anika Sulania Dr S V Singh 2nd	International journal of scientific research Print ISSN: 2454-2156 Setu Y, Sulania A, Singh S. A study on knowledge and practices regarding mosquito borne diseases in Rithala village, New Delhi. Int J Sci Rep 2021; 7(1):13-9.
20	2020	Original Research Article	Dietary pattern amongst Medical college students, Delhi	Dr Anika Sulania Dr Vidya M Surwade Dr S V Singh	Sulnia a, Surwade V ,Singh S. Innovative Journal of Medical and Health Science, 10 (12), 1487-1493 ISSN (O) 2277:4939 (P) 2589:9341

21	2020	Original Research Article	Pattern and determinants of obesity among undergraduates	Dr Yachna Setu Dr Anika Sulania Mr. Raviprakash Jha Dr Shelesh K Goel 2nd	International journal of scientific research Print ISSN: 2454-2156 Online ISSN: 2454-2164 Setu Y, Sulania A, Jha RP, Goel SK. Pattern and determinants of obesity among undergraduate medical students of Delhi. Int J Sci Rep 2021;7(1):56-62
22	2021	Original Research Article	Determinants of Obesity among Medical College Students of Delhi-a Cross Sectional Study	Dr Anika Sulania Dr Yachna Setu Dr Shelesh K Goel 1 st	Indian Journal of Nutrition Citation: Sulania A, Setu Y, Goel SK. Determinants of Obesity among Medical College Students of Delhi-a Cross Sectional Study. Indian J Nutri. 2021; 8(1): 222. Print ISSN: 2395-2326
23	2021	Original Research Article	Triage decisions of medical students, using a multiple casualty Scenario paper exercise	Dr. Sakshi Singh Dr. Anika Sulania Mr. Raviprakash Jha 2nd	Global Journal For Research Analysis Citation: Singh Sulania A, Jha RP. Determinants of Obesity among Medical College Students of Delhi-a Cross Sectional Study. Indian J Nutri. 2021;8(1): 222. PRINT ISSN No. 2277 - 8160 • DOI : 10.36106/gjra
24	2021	Review Article	Pharmaceutical Analysis- An Introduction	Dr Anika Sulania	Pharmaceutical Analysis- An Introduction. <i>Sulania A, J Pharm Drug Res: JPDR, 4(3): 581-584</i> ISSN: 2640-6152

**Conferences, Workshops and Trainings Experiences:
(During Tenure at Dr. BSA Medical College)**

1. Member of BSA College Cultural committee 2020-2021.
2. Member of Election committee for Student's union 2020-2021.
3. Core committee member of Anti-ragging committee 2019 onwards
4. Member of State steering committee on Programmatic mapping and population size estimation (DSACS)
5. Member of MEU resource faculty 2020 onwards
6. Member of curriculum committee 2019 onwards

2021

- i)** Participated in a national workshop organized by Epidemiological foundation of India, "EFICON 2021", 29-30TH October 2021.
- ii)** Participated in "Community based Medical education (Community Medicine)" Organized by MED India, August 2020-December 2020.
- iii)** Workshop on Introduction to Systematic Reviews and Meta-Analysis in Health Research at ICMR-National Institute of Medical Statistics on 17th - 18th March 2021.
- iv)** Participated in a workshop "Recent developments in Occupational and

Environmental Health” held at MAMC, New Delhi on 13-17 Feb 2017.

- v) Participated as a delegate in Annual Conference of Indian Public Health Association held at Jodhpur, Rajasthan, and February 2017.

2020

- i) Curriculum implementation and Support Program (CISP-2) 9-10th sept 2020, Dr BSAMCH
- ii) 1st digital COVID-19 Perfect health mela 1st June online
- iii) Certified Virtual Educator 1st-13th June Online (PCTI)
- iv) Scientific writing and research ethics 29th June Online (India alliance)
- v) Deep learning and its applications 2nd July Online (St.Aloysius College)
- vi) Finding the way forward in COVID-19 Pandemic: Spotlight India June-Sept. Online (IPHA)
- vii) Health economics 25th-25th July Online (ICMR)
- viii) Essential of Medical writing 28th August Online (IAMJE)
- ix) 10th National workshop on one health 6th July Online (HCFI)
- x) 1st online national conference on Nutrition and Health 12-13th Sept. Online (AIIMS)
- xi) Role if indigenous food items in Health and Disease 1st Sept. Online (AIIMS)
- xii) Certificate course on Public health leadership skills in COVID19 Era 25thJ JULY-29th August Online (IPHA)
- xiii) Poshancon 2020, First National Conference of MIYCN-IAPSM on October 16-17, 2020.
- xiv) E-Conference on “COVIDCON 2020” organized by the Department of Community Medicine, Saveetha Medical College and Hospital, Chennai on October 10th 2020
- xv) Workshop on “Basic epidemiology, Statistics, SPSS & critical appraisal” organised by SriRamchandra institute of higher education on 26th Nov.2020.

2019

- i) Participated in workshop on Biomedical Waste Management organized by Department of Microbiology Lady Hardinge Medical College, ICOEH 2019
- ii) Participated in workshop on stress management at work place organized by Department of Psychiatry, Lady Hardinge Medical College, ICOEH 2019
- iii) Participated as delegates in 4th International Conference on Occupational & Environmental Health (ICOEH 2019) held in Delhi from 15-17 February 2019.
- iv) Participated in workshop on Systematic Reviews and Meta-analysis" that was held from 7-9 May 2019 in ICMR-NIREH, Bhopal
- v) Participated in Revised basic course workshop on Medical Education Technologies on 10-12th June, 2019 in Delhi

- vi) Participated in Sensitization workshop for Attitudes, Ethics and Communication (AETCOM) on 13th June, 2019 in Delhi

2018

- i) Participated in “International Symposium on Health Analytics and Disease Modeling 2018” held at National Academy of Medical Sciences, ICMR, New Delhi, during 08- 09 March 2018.
- ii) Attended 1st National Conference on Anti-Microbial Resistance & 8th International
- iii) Conference on Scientific Updates of Diseases of Public Health Importance (Zoonotic Diseases), VMMC, July 2018
- iv) Participated in a workshop on “Regression analysis” organized at JIMS, AIIMS, Nagpur on 25th and 26th September 2018
- v) CME on “Newer Initiative in Immunization and Vaccine Safety” at MAMC on 18th November 2018

- vi) Poster presentation in Second International NIN Centenary Conference Aligning Food Systems for Healthy Diets and Improved Nutrition 2018, National Institute of Nutrition, Hyderabad, Telangana, 10th – 11th November 2018

2017

- vi) Participated as a delegate in scientific session on World Hepatitis Day July, 2017 at NCDC, Delhi.
- vii) Attended workshop on Biomedical Waste Management organized by Department of Microbiology, Dr Baba Saheb Ambedkar Medical College & Hospital, 2017
- viii) Participated as a workshop on “Advanced Data Analysis using SPSS, Excel & R ” organised at JIMS ,Vasant Kunj ,Delhi on 22nd-26th May 2017
- ix) Participated in a workshop “Recent developments in Occupational and Environmental Health” held at MAMC, New Delhi on 13-17 Feb 2017.
- x) Participated as a delegate in Annual Conference of Indian Public Health Association held at Jodhpur, Rajasthan, and February 2017.

2016

- i) **Organized a quiz competition** of undergraduate medical students on the occasion of World Health Day 2016.
- ii) Participated in a workshop “Health Management” held at VMMC & SJH, New Delhi on Jan 2016.
- iii) Participated in a delegate in a Seminar on “Public Health in India” held at VMMC & SJH, New Delhi on March 2016.
- vi) Participated as a delegate in one day CME on “Application of cytology in Clinical Practice” organised at NDMC medical college and HRH on 5th Nov 2015.

2015

- i) Participated as a delegate in one day CME on “Immunization” organised

at NDMC medical college and HRH on 13th July 2015.

- ii)** Worked as Rapporteur in one day CME on “Immunization” organised at NDMC medical college and HRH on 5th Nov 2015.
- iii)** Participated as a delegate in one day CME on “Application of cytology in Clinical Practice” organised at NDMC medical college and HRH on 5th Nov 2015.
- iv)** Participated in Aspire One Day workshop for orientation towards “Leadership in Health Sector” organised by Dep’t. Of Community Medicine, Maulana Azad Medical College, New Delhi. 22nd Jan 2015.

2014

- i)** Oral presentation titled “Prevalence of anaemia among children aged 5-14 years in a resettlement area of Delhi”, in 2nd International Workshop on Micronutrients and Child Health (MCHWS-2014), November 3-7, 2014. Delhi.
- ii)** Poster presentation titled “smoking on road: behavioural and physical changes” in 6th International Conference of IACS on “Recent Advances in Cardiovascular Sciences” New Delhi, India (January 31st and 1st February 2014).

2013

- i)** Participated as a delegate for the workshop on “Innovations in Educational System: Key to Educational Reforms” organised at Jamia Hamdard on November 25, 2013. New Delhi.
- ii)** Participated as a delegate in the 57th Annual Conference of Indian Public Health Association held at Science city, Kolkata, 1-3 February.
- iii)** Oral presentation titled “Burden of Visual Disability in rural area of Delhi-A Community based cross sectional study”, in the 57th Annual Conference of Indian Public Health Association at Science city, Kolkata, 1-3 February.
- iv)** Oral presentation titled “Treatment seeking behaviour for Impairment and Disability- A Community based cross sectional study”, in the 57th Annual Conference of Indian Public Health Association at Science city, Kolkata, 1-3 February’13.

2012

- i)** Oral presentation titled “Assessment of magnitude and pattern of physical disability among geriatric population in Delhi” in 18th International Congress of Rural Health and Medicine at Kala academy, Goa, India 10th-12th December’12.
- ii)** Participated in symposium on “Environment and occupational health: Issues and challenges” organised by University of Nebraska, WHO and AIPH.

2011

- i)** Participated as a delegate in the 1st annual conference –cum-workshop on “Research methodology and Art of Scientific paper writing” organised by Indian Journal of Medical Specialities.9th October’11.
- ii)** Participated in a course on “Fundamentals of Biostatistics, Principle of Epidemiology and SPSS” organised by Christian Medical College, Vellore on 16-20 August 2011.
- iii)** Participated in a CME-“Antimicrobial resistance –No action today, no cure tomorrow” organised by WHO-LHMC on 29 April’11.

2010

- v)** Completed Training in Bio-Medical Waste Management at Department of Microbiology, LHMC, New Delhi (June 2010).
 - vi)** Participated in a seminar on “Recent advances in medicine and biomedicine “organised by: Moving academy of medicine and Biomedicine, Pune and UCMS and GTBH, Delhi. (September 2004).
- Also involved in organising health camps with an NGO-HIMAET, Delhi.

MEMBERSHIP –

- Indian Public Health Association- L/2012/DEL/6297
- Indian Association of Preventive & Social Medicine -L-3796
- Indian Association for Adolescent Health -389/DL/2016
- Epidemiological foundation of India - 00156